

IDEAS FOR USING AND DISTRIBUTING THE RESOURCE GUIDE ON RESTRAINT/SECLUSION REDUCTION IN BEHAVIORAL HEALTH

LEARNING FROM EACH OTHER: Success Stories and Ideas for Restraint/Seclusion Reduction in Behavioral Health was developed by the American Psychiatric Association, American Psychiatric Nurses Association, and National Association of Psychiatric Health Systems, with support from the American Hospital Association, to be widely used by behavioral healthcare providers throughout the country.

The complete text is available **at no charge** in PDF format at the web sites of the sponsoring organizations (www.naphs.org, www.apna.org, www.psych.org, and www.aha.org).

We encourage you to use this publication in your own educational programming. You can:

- print the PDF file onto three-hole punch paper to be included in staff training manuals.
- have a printer produce printed copies of the camera-ready report.
- post the one-page promotional flyer (available at this web site) to encourage your staff to access this resource guide online.