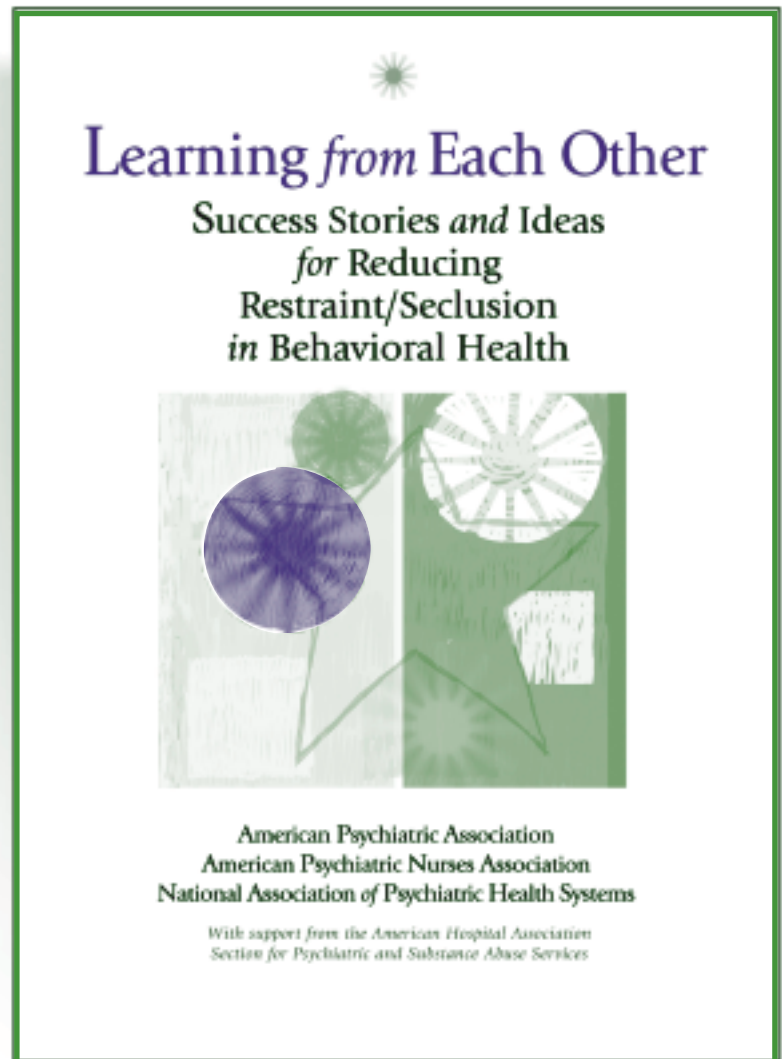


You can make a difference in the lives of individuals with behavioral disorders.

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This document was developed with extensive input from behavioral healthcare providers throughout the country — front-line staff members, clinical leaders, behavioral health administrators, and system executives who have been working to reduce the use of restraint/seclusion and to improve care within their facilities. Get ideas for creative approaches you can use today to strengthen a culture of safety that will lead to improved patient satisfaction and improved quality of care.



We encourage you to copy and distribute this document widely. It includes good ideas for clinicians, administrators, boards of trustees, and direct care staff who are responsible for policy development and implementation in behavioral healthcare settings. Chapters address critical issues, including leadership, staff education, assessment, treatment planning, documentation, milieu management and early intervention, and debriefing. The report also includes a list of helpful resources and publications.

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