

## AHA MEMBERS-ONLY CONFERENCE CALL

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### Optimizing the Patient Experience with Behavioral Health Services in Post-Acute Settings

Monday, December 8, 2014

1:00 – 2:00 pm ET (12:00 pm CT; 11:00 am MT; 10:00 am PT)

Expected Duration of the Call: 60 Minutes

On behalf of the American Hospital Association (AHA) Sections for Long-Term Care and Rehabilitation and Psychiatric and Substance Abuse Services, we invite you to join us as we explore a variety of strategies and practices that improve the experiences and outcomes for patients with multiple chronic care and behavioral health needs. The following speakers from two unique health care settings will describe how their efforts in post-acute settings in conjunction with community behavioral health resources have dramatically improved health outcomes and patient experiences.

Highland Hospital of Rochester, NY

Daniel Mendelson, M.D.  
Associate Chief of Medicine

Joseph Nicholas, M.D.  
Medical Director  
Highland's at Brighton,  
Neuro-Behavioral Unit

McLean Hospital, Belmont, MA

James Ellison, M.D.  
Director, Geriatric Psychiatry

Maureen Ann Malin, M.D.  
Medical Director, Geriatric Unit

Lesley E. Adkison, MSN, Ph.D., R.N.  
Nurse Director, Geriatric Unit

More specifically, they will highlight:

- Innovative strategies to provide behavioral health in skilled nursing facilities and avoid inappropriate emergency department transfers, as well as unique approaches to integrating behavioral health services into the treatment of patients receiving post-acute care services;
- Processes to facilitate discharge planning and minimize costs for patients that are difficult to place;
- Opportunities to focus on optimization of function, non-pharmacologic behavior management, and minimization of polypharmacy in an effort to transition patient to the least restrictive setting possible;
- Resources/tools used to train and familiarize general hospital staff to better anticipate, intervene and manage acute episodes common among patients with dementia.

To register for the call, please [Click Here](#) or go to <https://www.surveymonkey.com/s/6PVSNVX>. If you have specific issues you would like to have an opportunity to discuss, please note them on the online registration form. The phone number and access code with relevant materials will be sent to you on Friday, December 5<sup>th</sup>. If you have any questions, please contact us or Camille Fernands at 312-422-3302 or [cfernands@aha.org](mailto:cfernands@aha.org).

We look forward to hearing from you during this discussion.

**Susanne Sonik, Director**  
Section for Long-Term Care and Rehabilitation  
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**Rebecca Chickey, Director**  
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