



AHA Members-Only Webcast

School Based Health Centers: Integrating Physical and Mental Health – Meeting and Treating Students Where They Are

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SPEAKERS' BIOS

Kristie Ladegard, MD

Kristie Ladegard M.D. graduated from Creighton University School of Medicine, and completed a general psychiatry residency and fellowship in child and adolescent psychiatry at Eastern Carolina University Brody School of Medicine. Dr. Ladegard has worked with Denver Health since completing her child and adolescent fellowship. She provides psychiatric services and consultation for the local schools, and for the Family Crisis Center. She has also treated adolescents who are dually diagnosed with substance use disorders and psychiatric illnesses at the adolescent substance treatment program at Denver Health. Dr. Ladegard enjoys working with fellows from the University of Colorado Residency Training Program. Her goals include: increasing access to mental health services for underserved children and their families, collaborating with school staff to improve mental health and educational outcomes for youth, increasing access to substance use treatment for adolescents in school based clinics, and working with primary care providers to screen and treat youth for mental health disorders.

Jennifer Koch, CLSW

Jennifer Koch graduated in 1998 with a Masters in Social Work from University of Louisville. She is a Licensed Clinical Social Worker (LCSW) with 21 years of experience in community mental health treatment, providing play therapy, home-based therapy and outpatient treatment. Ms. Koch has 16 years' experience as a clinical supervisor and program manager, providing direct supervision for the team of School Based Mental Health therapists employed through Denver Health SBHC. In addition, she also supervises our team of early childhood mental health consultants working in Denver Great Kids Head Start. Ms. Koch is dedicated to trauma informed treatment of children, adolescents, and adults working with oppressed client populations and children at-risk and works to help empower children and families to move beyond their diagnostic label and be successful in school and in life.