

# AHA – July, 2015

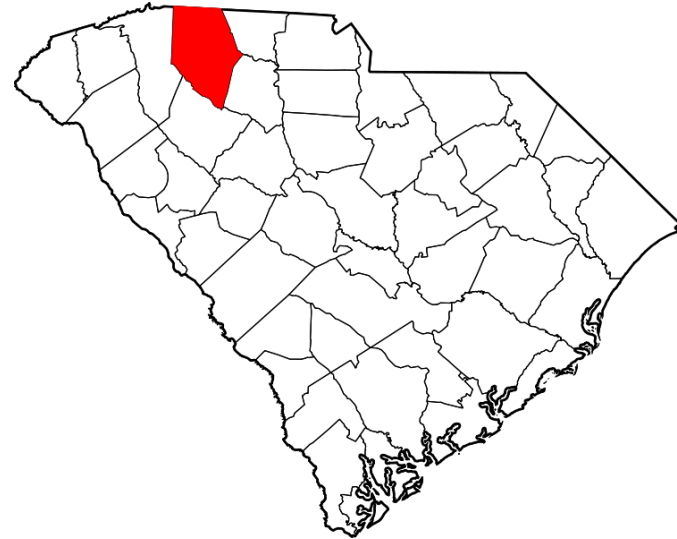
## *Community-based Behavioral Health Solutions*



# Agenda



- Spartanburg background/history
- Spartanburg Approach
- Results to date
- Next Steps





# The Numbers Don't Lie

## Behavioral Health:



- National spending:
  - \$120.56 per capita
- SC spending:
  - \$59.75 per capita
- SC Mental Health System Report Card: Grade **D**
- SC: Cut mental spending 39.3% (last 4 years)



# Spartanburg:

	ER Visits - BH	Clients Served DMH/SADAC
2009	4308	9216
2010	4444	8514
2011	4623	7727

- ER Costs BH: \$22 million
- Penetration Rate: 15.9%
  - 84% unmet need
  - 72,000 people



# Traditional Solutions

- ***Build a bigger ER?***

- ***Hire more Psychiatrists?***

**“Stop funding a broken system.  
Invest in a community solution.”**



# Mindset Change:

- Behavioral Health: **Community Issue**  
**Community Solutions**
- **Leader to Leader** Conversations

# Leader to Leader

## (Building relationships)



- One on one conversations
  - “Are we satisfied?”
  - “Can we do better?”
  - “Would you be willing to participate in the process?”

*Overwhelming Support*



# Mindset Change:

- Behavioral Health: **Community Issue**  
**Community Solutions**
- **Leader to Leader** Conversations
- **Collective Learning**



# Collective Learning

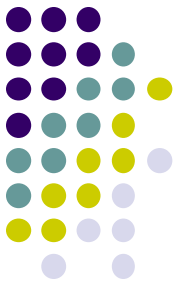
## (Team-building & Buy-in)

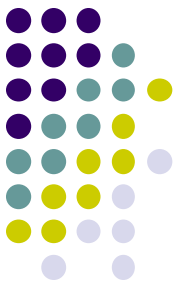


- Pitch to 4 Joint Funders: Fund a Study
  - Behavioral Health Needs Assessment
  - \$20,000 ( \$5000 each)
  - Current Assessment
  - Recommendations
  
- Formation of Behavioral Health Steering Committee
  - Medical Providers (FP, ER, Psych; NP)
  - High School Educator and College Dean/Researcher
  - Service Providers (Mental Health, A/D, Therapist, Counselor)
  - United Way
  - Department of Corrections (Jail)
  - Community Health

# Assessment Results

- Team
- Knowledgeable
- Engaged
- Ready for Action!





# Mindset Change:

- Behavioral Health: **Community Issue**  
**Community Solutions**
- **Leader to Leader Conversations**
- **Collective Learning**
- Commitment: **Collaboration** (Problem Solving)  
**Shared Goals**  
**Partnerships** (Shared Responsibility)

# Outcome



- Behavioral Health Taskforce formed
  - Chaired by United Way
  - Community Based –Community Led
  - 30 members
  - Action Plan developed

*Focus:* Decreasing Unmet Need

**Upstream programs/initiatives**

# 2014 Results: Hospital - centric



- ER Redesign (safe compassionate care)
- Telepsych in ER
- Leasing IP Psych Beds
- Recruiting Psychiatrists



# 2014 Accomplishments

- SBIRT Training
  - Over 300 individuals
  - Non-profits, clinics, ER, PCPs, law enforcement
- DMH/Hospital Partnership: Intake specialist in ER
- Counseling/Therapy expansion: Detention Center, Community Center, FQHC
- Reestablishment of MHA office
- Crisis Intervention Training for First Responders

# 2014 Accomplishments



- **AmeriCorps Vistas targeted to BH 11 FTEs!**
  - Art Therapy Program - Jail
  - ACT Proposal (Assertive Community Treatment)
- Healthy Outcomes Program
- Partnership with Jail to connect released inmates to medical homes and medications
- Safety Net Council

# *AmeriCorps Vista Project*



## Spartanburg Detention Center Study

- Top 20 Frequent Flyers with a Behavioral Health
- Frequent visitors of the SRMC ED?

## Results

- 20 individuals cost the Detention Center and ER

*\$1 million*

***Strategy: ACT Proposal***



# 2014 Accomplishments



- AmeriCorps Vistas targeted to BH *11 FTEs!*
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- **Healthy Outcomes Program**
- Partnership with Jail to connect released inmates to medical homes and medications
- Safety Net Council



# Healthy Outcomes Program

- **No Medicaid Expansion - SC**
- **Healthy Outcomes Plan** Proviso 33.34  
(Legislative mandate)
  - Goal: Reduce ER visits for Chronically ill, low-income uninsured
- 779 high utilizer patients, Spartanburg County, \$21,929,289.
- Most costly and most frequent diagnosis:  
**Behavioral Health** (62.5%)

# Healthy Outcomes Plan Spartanburg



- **Program:** Medical Home, intensive Case Management and wrap-around Behavioral Health Services
- **Staff:** RNs, Social Workers, Community Health Workers

***\$1 Million Invested Annually***  
***(17:1 Return on similar initiative!)***

# 2014 Accomplishments



- AmeriCorps Vistas targeted to BH *11 FTEs!*
  - Art Therapy Program - Jail
  - ACT Proposal (Assertive Community Treatment)
- HOPS
- Partnership with Jail to connect released inmates to medical homes and medications
- Safety Net Council



# Reducing Recidivism

- Pre-release: enrollment (HOPS) (Welvista)
- Case worker (community health worker) assigned
- Medical home assigned

***Breaking the Cycle!***

# 2014 Accomplishments



- AmeriCorps Vistas targeted to BH *11 FTEs!*
  - Art Therapy Program - Jail
  - ACT Proposal (Assertive Community Treatment)
- HOPS
- Partnership with Jail to connect released inmates to medical homes and medications
- **Safety Net Council**



# Safety Net Council

- Open to all human service agencies
- Cases presented at each meeting
- Collective problem solving
- Identifying and connecting clients to community resources
- Eliminating Gaps!



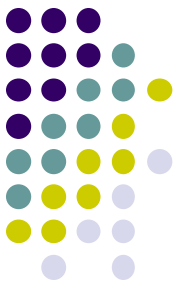


# 2015 .... Next steps

- Community Mentor Pilot
  - Housing Authority/Retired Professionals/Lay Volunteers
- Veteran Peer Mentor Program
  - Targeted to Drug Court and Probation
- Medically-assisted Detox Center
- Community-based Telepsych
- 24/7 Warm Line for MDs and Community

[www.uwpiedmont.org/community-impact/behavioral-health/](http://www.uwpiedmont.org/community-impact/behavioral-health/)





# 2015 .... Next steps: SC

- Alliance for a Healthier SC

- 5 Statewide Priorities (BH is one!)
- Advocacy Acceleration Team
- <http://us7.campaign-archive1.com/?u=54a7a412f1410d0e0c1fc772c&id=7f9b3732c9&e=90de491562>

- Behavioral Health Report

- SC Institute of Medicine and Public Health
- 20 Recommendations
- [www.imph.org](http://www.imph.org)

- Prescription Drug Abuse Report

- Governor's Prescription Drug Abuse Prevention Council
- 50 recommendations

# 2015 .... Next steps



- Statewide Recommendations *DRAFT*
  - Support of the use of SCRIPTS by providers
  - Support of medication assisted treatment (MAT) for opioid addiction during pregnancy
  - Expansion of prescription drug take-back sites
  - Create short-stay crisis stabilization facilities across SC
  - Support expansion of access to outpatient services including expanded hours; increase in sites, locating closer to clients; and increasing use of paraprofessionals and telehealth
  - Develop a network of Mobile Crisis Units



# ***“Take-Aways”***

# Critical Factors for Success: What Does it Take



# Spartanburg Success



- Engaging Key Stakeholders “one step at a time”
- Diverse Group – Collective Learning
- Building a Team – Creating Trust
- Non-partisan Leadership
- Commitment to:
  - Collaboration (Collective Problem Solving)
  - Shared Goals
  - Partnerships – Shared Responsibility

# Spartanburg Success



## TEAMWORK

coming together is a beginning  
keeping together is progress  
working together is success

- Henry Ford



***“Questions”***