Ellen Williams, PhD

8/2/18

AHA Bio

Ellen Williams, PhD is a clinical psychologist with over 20 years of leadership experience in healthcare. As the Senior Director for Behavioral Health at Ascension St. Vincent’s in Jacksonville, Florida, Dr. Williams has focused on improving access to mental health care by recruiting mental health practitioners to the area, and integrating mental health providers into physician practices such as primary care, oncology, neurology, and pediatric and geriatric specialty clinics. Dr. Williams has worked with community agencies such as the YMCA and United Way to reduce the stigma that surrounds mental illness, and has spearheaded prevention initiatives such as Youth Mental Health First Aid and Mindfulness Meditation trainings. Dr. Williams is an advocate for parity in mental health treatment so that access and payment for services is on par with other chronic health conditions.