Helping Clinicians and Organizations Address Social Determinants of Health: AHA Releases Virtual Expedition

Clinicians see first-hand the negative impact lack of food, unsafe housing and a myriad of other social challenges have on the health of their patients and communities. The question has shifted from how great is the impact to how can we best address it?

To help clinicians address social determinants of health (SDoH) within a framework that maximizes their skills while helping organizations systemically approach these challenges, the AHA Physician Alliance has created a virtual expedition consisting of five modules. Built around the proactive concept of upstream care, the series was developed with Rishi Manchanda, M.D., M.P.H., president and CEO at HealthBegins, an organization dedicated to supporting and strengthening the work of frontline clinicians and community partners to improve care and address the social determinants of health.

**WHO IS IT FOR?**
Physicians, nurses, pharmacists, and quality managers.

**VIRTUAL EXPEDITION MODULES**

1. **Understanding and Tackling the Social Determinants of Health**
   featuring Rishi Manchanda, M.D., M.P.H., president and CEO, HealthBegins and Jay Bhatt, D.O., M.P.H., M.A., F.A.C.P., senior vice president and chief medical officer, American Hospital Association and president, HRET

2. **Introduction to Upstream Quality Improvement**
   featuring Sara Bader, senior manager upstream quality improvement, HealthBegins

3. **Using Upstream Quality Improvement to Address Food Insecurity**
   featuring Rishi Manchanda, M.D., M.P.H., president and CEO, HealthBegins and Andrew Beck, M.D., M.P.H., attending pediatrician, Cincinnati Children’s Hospital Medical Center | Companion Resource: Food Insecurity and the Role of Hospitals

4. **Using Upstream Quality Improvement to Address Housing Insecurity**
   featuring Rishi Manchanda, M.D., M.P.H., president and CEO, HealthBegins and David Perlstein, M.D., president and CEO, SBH Health System | Companion Resource: Housing Insecurity and the Role of Hospitals

5. **Using Upstream Quality Improvement to Address Transportation**
   featuring Rishi Manchanda, M.D., M.P.H., president and CEO, HealthBegins and Jill Lord, R.N., M.S., director of community health, Mt. Ascutney Hospital and Health Center | Companion Resource: Transportation and the Role of Hospitals

**HOW DOES IT WORK?**
Five web-based modules equip staff with how-to actions as well as companion resources outlining strategic approaches hospitals and health systems can use to build healthier communities that address the physical, behavioral and socio-economic needs of individuals and families to improve health. Modules and companion resources are available at [www.aha.org/physicians/SDOH](http://www.aha.org/physicians/SDOH).