Join health care change agents from across the country as they make practical, meaningful and sustainable advances in population health.

**LEARN**
- Understand the key concepts and terms that are foundational for the journey to population health.
- Explore four portfolios of work that health care organizations can do to improve health, well-being and equity.
- Identify levers that accelerate progress within and across portfolios.

**IMPROVE**
- Access a curated set of tools and resources to support your progress.
- Create benchmarks to evaluate and guide your path forward.
- Join health care change agents from across the country to share and improve together.

**ACT**
- Celebrate where you are on your population health journey and evaluate your balance across the four portfolios.
- Create and implement a plan to improve your organization’s population health initiatives.

**JOIN**
- Sign up to stay connected to the larger Pathways to Population Health community.

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**FOUR PORTFOLIOS OF POPULATION HEALTH**

- **Portfolio 1: Physical and/or Mental Health**
  - Focus on physical and/or mental health needs of your population.
  - Example activities: Manage diabetes, screen for and address social determinants of health, and improve care coordination for your patients.

- **Portfolio 2: Social and/or Spiritual Well-being**
  - Focus on social and/or spiritual well-being needs of your population.
  - Example activities: Promote social connections, support spiritual practices, and focus on social determinants of health.

- **Portfolio 3: Community Health and Well-being**
  - Focus on community health and well-being needs of your population.
  - Example activities: Engage community partners, develop policy, and address social determinants of health.

- **Portfolio 4: Communities of Solutions**
  - Focus on building and supporting communities of solutions.
  - Example activities: Establish peer-to-peer support networks, and develop and implement a plan to improve health, well-being, and equity.

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**FOUNDATIONAL CONCEPTS**

The six concepts described below help lay the foundation for the Pathways to Population Health. They also articulate several reasons why many health care organizations have chosen to embark on this journey.

1. **What creates health**
   - How can health care engage?

2. **Health and well-being develop over a lifetime.**

3. **Social determinants drive health and well-being outcomes throughout the life course.**

4. **Place is a determinant of health, well-being and equity.**

5. **The health system needs to address the key demographic shifts out of time.**

6. **Health creation requires partnership because health only holds a part of the puzzle.**

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**TOOLS AND ACTIVITIES**

Access a curated set of tools and resources to support and accelerate your progress.

- **An articulation of foundational concepts and four portfolios of work that health care organizations can undertake to improve health, well-being and equity.**
- **A method to catalogue current population health archives and identify opportunities to amplify effort.**
- **An opportunity for health care change agents to share with and learn from one another on this journey.**
- **A curated set of tools and resources to support organizations on their population health journey.**

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For more information please visit: [http://pathways2pophealth.org/learn.html](http://pathways2pophealth.org/learn.html)