Palliative care is specialized medical care that focuses on relieving the symptoms and stress of any serious illness, ideally alongside curative treatment. A strong evidence base exists proving its impact on quality, satisfaction, consumer demand, and cost. Because it focuses on the highest need and highest cost patient segment, palliative care is an essential strategy for population health management.

**Palliative Care Ensures Value**

**IMPROVES QUALITY OF LIFE AND SYMPTOM BURDEN**

- Reduces symptom distress by 66% with improvements lasting months after initial consultation\(^1\)

**DRIVES HIGH SATISFACTION AND POSITIVE PATIENT EXPERIENCES**

- 93% of people who received palliative care are likely to recommend it to others\(^2\)

**REDUCES AVOIDABLE SPENDING AND UTILIZATION IN ALL SETTINGS**

- 48% readmissions
- 50% admissions
- 43% hospital/ED transfers
- 36% total costs

- 28% cost/day
- 35% ED visits
- 36% total costs

A large body of evidence demonstrates that palliative care improves outcomes for seriously ill patients while decreasing costs for hospitals and health systems. This is why palliative care programs are essential, now and in the future.

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