The AHA Physician Alliance regularly convenes senior physician executives as part of its Physician Leadership Circle for high-level conversations on issues facing physician leaders. The group recently discussed technology opportunities and challenges within clinical practice. Below are four ways the group discussed that technology can transform the practice of medicine.

- **Technology can enable new models of care that allow greater flexibility and value.**
  Risk-based payments married with the right technology can allow organizations to address care needs earlier and provide intensive support serving their communities more effectively (text message medication reminders, smart watch monitoring of key vitals, virtual appointments that require no transportation). Technology can free up resources that organizations can put toward proactive, population health.

- **Disruptors are people, not technology.**
  Health care is being disrupted by consumer expectation. Technology is the tool enabling these disruptions. Physicians can embrace technology and shape it to support the models that best care for their patients. Chatbots for routine clinical care, facial recognition that assists behavioral health services, administrative technology that allows patients to do their own documentation – there’s great potential.

- **Technology done right can help clinicians maximize the work they love – caring for patients.**
  Current AI application is largely focused on automating administrative tasks and identifying savings on the cost structure, but safely and securely applying AI to diverse patient data opens new potential for better health as well as savings. The time is now for clinicians to provide expertise and guide AI and other technology development. Don’t let these be built independently or “be done” to us.

- **The speed of change will only get faster.**
  Physician leaders need to plan now for training the next generation of physicians – and whole health care team – to deliver care supported by technology, not in spite of it. As a field, health care needs to better understand how to incorporate technology while maintaining and emphasizing humanity – that connection that fosters care and can’t be replaced by technology or machines.

Senior physician leaders affiliated with AHA member organizations are invited to be part of these Leadership Circle events. Please email physicianalliance@aha.org to find out more about upcoming events and be part of this exclusive group. Visit www.aha.org/physicians for more information, tools and resources from the AHA Physician Alliance.