

## Opium Stewardship Collaborative Curriculum

Month	Phase	Topic	Lead	Description	Resources/Supporting tools
Nov-Dec 2019	Establish Team	Kick Off In-person workshop at HVPAA  <b>November 16, 2019</b>	AHA and cohort leads	<b>November 16, 2019, 1030 am - Noon</b>  Review collaborative objective, program and mentors will host breakout sessions on each of three topics: <ul style="list-style-type: none"> <li>• Appropriate prescribing</li> <li>• Opioid recovery/MOUDs</li> <li>• Alternative treatments</li> </ul>	<a href="https://www.aha.org/opioid-stewardship-resources">https://www.aha.org/opioid-stewardship-resources</a>
		Identify collaborative working team	Collaborative Participants	List of working team members, roles and contact info	Guidelines on collaborative team composition: <a href="https://www.aha.org/node/395470">https://www.aha.org/node/395470</a> Team Charter design canvas: <a href="https://designabetterbusiness.tools/tools/team-charter-canvas">https://designabetterbusiness.tools/tools/team-charter-canvas</a>  Teamwork resources: <a href="https://www.aha.org/teamtraining">https://www.aha.org/teamtraining</a>
		Determine opioid stewardship area to address	Collaborative Participants	Description of current issue, causes, current hurdles and enemies of the goal	Defining the problem canvas: <a href="http://diytoolkit.org/tools/problem-definition-2/">http://diytoolkit.org/tools/problem-definition-2/</a> <b>Opioid resources:</b> <a href="http://www.aha.org/opioids">www.aha.org/opioids</a> Recorded Webinar resources: <ul style="list-style-type: none"> <li>• <a href="#">ALTO 4-webinar series with Colorado Hospital Association</a></li> <li>• <a href="#">Advancing the Care of Patients with Opioid Use Disorder in the Outpatient and Emergency Settings</a></li> <li>• <a href="#">The Prescribe Safe Initiative: Combating Opioid Abuse</a></li> <li>• <a href="#">Improving Care for Hospitalized Adults with Substance Use Disorder</a></li> </ul> Hopkins Opioid Education Modules CME <a href="http://www.hopkinscme.edu/ED/opioideducation.html">http://www.hopkinscme.edu/ED/opioideducation.html</a>

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		Webinar (1): Patient and family education and outreach	Tom Bauer, MBA Rosalyn Stewart, MD	Educational session <b>December 11, 4pm ET</b>	Additional resources: <a href="https://www.aha.org/opioid-stewardship-resources">https://www.aha.org/opioid-stewardship-resources</a>
Jan-Feb 2020	Develop plan and gain approval	Establish goals and measures	Collaborative Participants	Define quantitative and qualitative goals with timelines to measure the success of the intervention: -Financial -Clinical -Operational -Organizational  Identify key measures	Canvases to help determine scope and needs: <a href="https://www.jeffgothelf.com/blog/leanuxcanvas/">https://www.jeffgothelf.com/blog/leanuxcanvas/</a> <a href="http://www.denisewithers.com/book-excerpts/whats-the-x-factor-for-the-story-canvas/">http://www.denisewithers.com/book-excerpts/whats-the-x-factor-for-the-story-canvas/</a> <a href="http://diytoolkit.org/tools/problem-definition-2/">http://diytoolkit.org/tools/problem-definition-2/</a>  Action plan template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a>
		Determine resources required and formalize plan	Collaborative Participants	List of resources needed to develop, implement and measure intervention for overuse: -People/Teams -Data/Information -Tools  Create work streams, tasks, assign teams and establish milestone dates  Finalize measurement strategy	Potential tracking tools for project management: RACI Tool: <a href="https://thedigitalprojectmanager.com/raci-chart-made-simple/">https://thedigitalprojectmanager.com/raci-chart-made-simple/</a>  Gantt Chart: <a href="https://healthit.ahrq.gov/health-it-tools-and-resources/evaluation-resources/workflow-assessment-health-it-toolkit/all-workflow-tools/gantt-chart">https://healthit.ahrq.gov/health-it-tools-and-resources/evaluation-resources/workflow-assessment-health-it-toolkit/all-workflow-tools/gantt-chart</a>  Action plan template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a>
		Check in with Mentors (1)	Mentors, Collaborative Project Leads	<b>January 8, 2020, 4 pm ET</b>  One call for each cohort concurrently Numbers to be assigned	Action Plan template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a> <i>Teams to share project goals, scope, outline milestones and brainstorm on challenges</i>
		Webinar (2): Community engagement strategies,	Meghan Swarthout, PharmD, MBA, BCPS	<b>February 12, 4 pm ET</b>	Additional resources: <a href="https://www.aha.org/opioid-stewardship-resources">https://www.aha.org/opioid-stewardship-resources</a>

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		Addressing OUD for inpatients	Richard Bottner, PA-C		<b>One Year In: Buprenorphine Team Addresses Opioid Use Disorder:</b> <a href="https://dellmed.utexas.edu/blog/one-year-in-buprenorphine-team-addresses-opioid-use-disorder">https://dellmed.utexas.edu/blog/one-year-in-buprenorphine-team-addresses-opioid-use-disorder</a>
		Secure leadership approval	Collaborative Participants	Review project plan with leadership, update as needed	Action Plan template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a>
<b>March – April 2020</b>	<b>Implement</b>	Implement plan	Collaborative Participants	Engage internal teams and work stream owners to begin implementation  Begin metric tracking	<b>Webinar and article resources on change management:</b> Adaptive Leadership <a href="http://hret.adobeconnect.com/p91ujrepy5mk/">http://hret.adobeconnect.com/p91ujrepy5mk/</a> <a href="https://cambridge-leadership.com/documents/Ch-2-Theory-Behind-the-Practice.pdf">https://cambridge-leadership.com/documents/Ch-2-Theory-Behind-the-Practice.pdf</a>  Motivation and Behavioral Economics <a href="http://hret.adobeconnect.com/p5hdx8g8txpv/">http://hret.adobeconnect.com/p5hdx8g8txpv/</a> <a href="https://catalyst.nejm.org/nudge-unit-improve-health-care-delivery/">https://catalyst.nejm.org/nudge-unit-improve-health-care-delivery/</a>
		Monitor and measure	Collaborative Participants	Monitor progress against project plan. Begin to measure impact	
		Tackle hurdles, improve processes	Collaborative Participants	Problem solve hurdles as they come up. Escalate issues as necessary	
		Check in with Mentors (2)	Mentors, Collaborative Project Leads	<b>March 11, 2020, 4 pm ET</b>	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a> Progress slide template: <a href="https://www.aha.org/node/395471">https://www.aha.org/node/395471</a> <i>Teams to share project implementation successes and challenges, brainstorm on needed interventions</i>
		Webinar (3): Role of Peer Navigators in the emergency department	Lauren D. Demosthenes, MD Rich Jones	<b>April 8, 4 pm ET</b>	Additional resources: <a href="https://www.aha.org/opioid-stewardship-resources">https://www.aha.org/opioid-stewardship-resources</a>
		Update leadership	Collaborative Participants	Review progress, implementation challenges, adjust plan as required	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a>

## Opioid Stewardship Collaborative Curriculum

May- June 2020	Refine and Measure	Monitor and measure	Collaborative Participants	Monitor progress against project plan. Begin to measure impact	
		Tackle hurdles, improve processes	Collaborative Participants	Problem solve hurdles as they come up. Escalate issues as necessary	
		Check in with Mentors (4)	Mentors, Collaborative participants	<del>May 13, 2020, 4 pm ET</del>	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a> <i>Updates and peer feedback on challenges/successes</i>
		Webinar (4): Predicting opioid misuse risk, recognizing opioid use disorder, and recovery centers	Anika Alvanzo, MD, MS, DFASAM, FACP	<del>June 10, 2020, 4 pm ET</del>	<del>Additional resources:</del> <a href="https://www.aha.org/opioid-stewardship-resources">https://www.aha.org/opioid-stewardship-resources</a>
		Update leadership	Collaborative Participants	Review progress, implementation challenges with leadership, adjust plan as required	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a>
RESTART – LATE JUNE 2020					
July- August 2020	Refine and Measure	Monitor and measure	Collaborative Participants	Monitor progress against project plan. Begin to measure impact	
		Tackle hurdles, improve processes	Collaborative Participants	Problem solve hurdles as they come up. Escalate issues as necessary	
		Review program for any adjustments and changes	Collaborative Participants	Prepare for troubleshooting and adjustment ideas to discuss with mentors on July 8 call.	
		Check in with Mentor (5)	Mentors, Collaborative Participants	July 8, 2020, 4 pm ET	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a> Progress slide template: <a href="https://www.aha.org/node/395471">https://www.aha.org/node/395471</a> <i>Updates and peer feedback on challenges/successes</i>
		Webinar (5): Prescribing opioids	Jonah Stulberg, MD, PhD	August 12, 2020, 4 pm ET	Additional resources: <a href="https://www.aha.org/opioid-stewardship-resources">https://www.aha.org/opioid-stewardship-resources</a>
		Update leadership	Collaborative Participants	Review results with leadership, discuss spread of successful practices	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a>

## Opioid Stewardship Collaborative Curriculum

Sept-Oct 2020	Review, improve, measure	Review progress and improve processes	Collaborative Participants	Review progress against plan, collect initial measurements and analyze  Develop plan for adjustments and improvements to processes	
		Check in with Mentor (5)	Mentors, Collaborative Participants	<b>September 9, 2020, 4 pm ET</b>	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a> Progress slide template: <a href="https://www.aha.org/node/395471">https://www.aha.org/node/395471</a> <i>Updates and peer feedback on challenges/successes</i>
		Webinar (5): Predicting opioid misuse risk, recognizing opioid use disorder, and recovery centers	Anika Alvanzo, MD, MS, DFASAM, FACP; Matt Nielsen	<b>October 14, 2020, 4 pm ET</b>	Additional resources: <a href="https://www.aha.org/opioid-stewardship-resources">https://www.aha.org/opioid-stewardship-resources</a>
		Update leadership	Collaborative Participants	Review results with leadership, discuss spread of successful practices	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a>
Nov-Dec 2020	Learn and Recap	Review progress and improve processes	Collaborative Participants	Review progress against plan, collect initial measurements and analyze  Develop plan for adjustments and improvements to processes	
		Capture learnings	Collaborative Participants	Capture learnings for organization as well as collaborative.  Develop poster summary.  Complete end of program survey	<i>End of program evaluation.</i>  Poster template: <a href="https://www.aha.org/node/395469">https://www.aha.org/node/395469</a>

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		Check in with Mentor (6)	Mentors, Collaborative Participants	<b>November 11, 2020, 4 pm ET</b>	Action Plan Template: <a href="https://www.aha.org/node/395468">https://www.aha.org/node/395468</a> <i>Sharing of results and discussion of spreading of learnings</i>
		Update leadership	Collaborative Participants	Review up-to-date results, learnings and next steps with leadership	
		Wrap up Presentations (Virtual)	All	<b>December 9, 2020, 4 pm ET</b> Highlights shared on virtual program – each team to present project, highlights and lessons learned	Virtual poster session