

PATIENT SAFETY & CLINICIAN WELLBEING

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IMPACT OF CLINICAL BURNOUT



Personal



Financial



Institutional



Patient

Most interventions to address error focus on skill training and knowledge, but **87%** of errors can be traced to cognitive load.

DRAINING VS. REPLENISHING TASKS

TASKS THAT DRAIN

1. Excessive workload
2. Goal maintenance
3. Focusing attention
4. Resolving cognitive dissonance

TASKS THAT REPLENISH

1. Sleep
2. Time away from screens
3. Time with friends/family
4. System-level acknowledgement of struggle



Models for incident and error prevention need to account for the **burden of non-strategic barriers placed on clinicians** which can **thwart good care**.

6 KEYS TO REDUCE CLINICIAN LOAD

- | | | |
|-----------------------------|----------------------------|----------------------|
| 1. Evaluate Processes | 3. Consolidate Information | 5. Prioritize Design |
| 2. Standardize Across Teams | 4. Decrease Redundancy | 6. Collaborate |

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SOURCE: [Webinar | Integrating Patient Safety & Clinician Wellbeing](#) – or [watch the presentation here](#)



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