



AHA LEADERSHIP EXPERIENCE | CHARLESTON

Hotel Emeline | Charleston, SC | 3-Hour Virtual Capstone
March 3-5, 2026 | **April 2026**

Designed specifically for the complex world of health care, this program develops essential leadership capabilities through a practical, intentional approach. We believe all great leadership begins with self-leadership—starting with a renewed commitment to personal well-being. Sustaining the energy, focus, and clarity required to meet the demands of work and life is the foundation of this experience.

From there, the program helps leaders strengthen their ability to lead high-performing teams and positively influence organizational culture. Delivered through a blend of trainer-led sessions, peer engagement, and experiential learning, participants will deepen their ability to expand influence, foster stronger team cohesion, navigate conflict, enhance collaboration, and lead with greater command, gravitas, and adaptability.

Participants will gain:

- **Guided reflection** on their current life and leadership experience, revealing patterns, barriers, and blind spots shaped by the intensity of modern professional life.
- **Personal and professional insights** supported by an executive coaching team to uncover authentic strategies for influencing the future of their career and life.
- **Practical tools** to establish a new foundation for sustained fulfillment, alignment, and impact—both at work and beyond.
- **Modern leadership approaches** to effectively lead through change, uncertainty, and growth with clarity and resilience.
- **21.5 AMA PRA Category 1 Credits.**

SIGN UP TODAY! Early Bird Registration \$3,500 by Dec. 1, 2025

Visit aha.org/leadership-experiences to reserve your spot

COURSE ROAD MAP



STEP 1: READINESS

Preparation exercises, pre-course coaching session and virtual readiness conversation to prepare participants and maximize the experience.

STEP 2: 3-DAY IMMERSION

Intensive and engaging group learning experience that guides participants through the creation of a new way to lead in their lives and careers.

STEP 3: PRACTICAL APPLICATION

Real-world practice, tools and connection with fellow participants for support, encouragement and accountability.

STEP 4: CAPSTONE SESSION

Three-hour virtual session reflecting on lessons learned along with coaching support to expand the experience into a life-long practice.



It was unique and life changing. The expert facilitation and seamless transitions led us through an amazing journey. I can honestly say this was the best experience of my professional career."

—Program Graduate

TOM JENIKE, M.D.



Tom Jenike, MD, is a family physician and serves as Senior Vice President and Chief Well-Being Officer for Novant Health.

As Chief Well-Being Officer, Dr. Jenike's responsibilities include the development and execution of a comprehensive and holistic system approach to well-being and resiliency. The driving premise is that in order to be world-class at caring for its patients, Novant Health must be world-class at caring for its people. In service of this goal, Tom has built and facilitates multiple leadership programs that emphasize resiliency, self-care and wellness. Under his leadership, Novant Health is nationally recognized as the thought leader in health care resiliency and burn-out prevention.

Dr. Jenike received his BA from the University of Colorado, Boulder and his medical degree from The Ohio State University. He is a Diplomat of the American Academy of Family Physicians.

He is married with two adult children. He enjoys reading, exercising and traveling. When not engaged in his passion of growing, developing and mentoring leaders, his favorite place is on the golf course with his son Jake and daughter Sophie.



In support of improving patient care, the Duke University Health System Department of Clinical Education and Professional Development is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing education for the health care team.